

President's Blurb

With the way things are right now it seems as if I'd have time to breath, but, I'm staying busier than ever. Too many irons in the fire, as they say. For that reason, this message may be short - but, I have to get it out because the editor/producer of the newsletter (Simone Patout Palmer) is a slave driver and has been demanding my input (I love her, so, I will comply).

I was very pleased with the LAA Members Only Spring Show participation and the quality of the work. I'm even more pleased with the participation and artwork submitted for **The Annual Eye of the Beholder Open Competition**. There were 37 artists submitting 127 pieces. The competition was high and since the available room for hanging is limited, not all submitted pieces got into the show. It was a tough jury and tough decisions were made. Also a fact that is very noteworthy here is that there will be (32) 3-D pieces in the show! The show is to be hung on Tuesday, August 18th and officially opens 2 days later on Wednesday, August 19th. It's up for viewing during normal Gallery Open hours (when there's a volunteer to sit the gallery). There will also be a virtual showing of the exhibit with artist's names and prices of work in the near future on the LAA website. A big thanks to everyone who helped make this show happen.

Dusty Reed has instigated a **First Saturday Arts Market** show and sale (and sometimes demos). This is a one day art market on the first Saturday of each month (10am -3pm) and is open to all LAA members who wish to show and sell work. Your first two participations are free, but after that a small fee will be charged. You'll be required to set-up and attend to your own work as well as handle any sales transactions that day. This is a great chance to show and sell your work in a relaxed atmosphere. Mark your calendars for the next event (Sept 5) to drop by and see what's going on. For more information contact Dusty, afac.dusty@gmail.com.

Here's what's happening with the LAA Mini Workshops:

8/22 Working with Oil Monotypes with Bonnie Camos

\$55 members/\$65 Non Members

9/12 Create Your Own Linoprint Art Cards with Bonnie Camos

\$55 members/\$65 Non Members

9/26 Creative Glass Mosaic Mirror with Ginger Kelly

\$65 members/\$75 Non Members

10/10 Working with Alcohol Ink on Ceramic Tiles with Gail Trim

\$25 members/\$35 Non Members

So with that, I bid you adieu. Keep reading the newsletters and any LAA email you receive. You never know what the LAA will do next.

Stay safe out there,

Terry L Palmer, 2020 President
 tpalmer@cox-internet.com

NEWS2NOTE:

• Eye of Beholder Open Competition

Hang: 8/17 & 8/18

Show Dates: 8/19 thru 10/4

Awards Reception: 10/4 4:30-6pm (tentative date)

Pick up work: 10/4 and 10/7-10/10

• Artwalk: 8/15

• August Mini Workshop: 8/22 • 10am-3pm

Working with Oil Monotypes with Bonnie Camos

\$55 members/\$65 Non Members

• Newsletter Deadline: 8/24

• LAA "Zoom" Board Meeting: 8/25 Time: TBD

• Boutique Refresh thru 8/22

• LAA is Back to Business!

Wed-Fri Noon-5pm & Sat, 10-2pm

Please thank these (3) board members who've once again volunteered to keep our gallery open during August: **A**


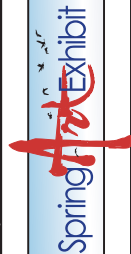




Special Thanks to Margo Baker, Sharon Brotherton and Dusty Reed! And Thanks also to **Susan Chiqulein, Simone Palmer, and Bonnie Camos for Volunteering.**

• Mark Your Calenders!

LAA FIRST SATURDAY ARTS MARKET: Sept 5 • 10am to 3pm

Something new is going on inside and outside at the LAA! This Fall, on the first Saturday of the month, invited artists will set up their artwork for sale during the market. Your first 2 participations are free, but after that a small fee will be charged. You'll be required to set-up and attend to your own work as well as handle any sales transactions that day.

For more info, contact Dusty Reed, afac.dusty@gmail.com.

AUGUST		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	LAA Gallery Hours: Open: Wed, Thurs & Fri Noon to 5pm Saturdays, 10am -2pm CLOSED: Sun, Mon & Tues	3 Volunteer Backups for August: Terry Palmer 207-3211 Simone Palmer 207-3210	4  Eye of the Beholder Jury 8/10-8/11	5 Dusty Reed	6 Sharon Brotherton	7 Margo Baker	8 Dusty Reed
<p>Eye of Beholder ONLINE SUBMISSION DATES: Thru 8/8</p> <p>Exhibit: Now thru 8/8 (extended date) Open W-F noon to 5pm</p> <p></p>							
9		10 Eye of the Beholder Jury 8/10-8/11	11 Eye of the Beholder Jury 8/10-8/11	12 Bonnie Camos EYE: Simone Palmer	13 Sharon Brotherton EYE: Susan Chiquelin	14 Margo Baker EYE: Margaret Melancon	15 Dusty Reed Susan Chiquelin
<p>Eye of Beholder Drop Off Dates: 8/12 thru 8/15</p> <p></p>							
16		17 Eye of the Beholder Hang Show 8/17-8/18	18 Eye of the Beholder Hang Show 8/17-8/18	19 Bonnie Camos	20 Sharon Brotherton Eye of the Beholder Judging 8/20-8/21	21 Margo Baker Eye of the Beholder Judging 8/20-8/21	22 CLOSED/Open for Workshop only  Mini Workshop Working with Oil Monotypes with Bonnie Camos 10am-3pm
23		24 Newsletter Deadline	25 LAA Board Zoom Meeting	26	27 Sharon Brotherton	28 Margo Baker	29 Dusty Reed
<p>34th Annual Eye of Beholder: 8/19 thru 10/4</p> <p></p>							
30		31	SEPT 1	2 Simone Palmer	3 Sharon Brotherton	4 Margo Baker	5 Dusty Reed LAA 1st SATURDAY ARTS MARKET
<p>34th Annual Eye of Beholder: 8/19 thru 10/4</p> <p></p>							
<p>MARK YOUR CALENDARS: Sept 12th: Mini Workshop/Bonnie Camos: Linocut Art October 4th: Eye of the Beholder Reception, 4:30-6pm</p>							



LAFAYETTE
ART ASSOCIATION
& GALLERY

Eye of the Beholder



34th Annual Open Competition

Exhibit

Aug 19th thru Oct 4th

Awards Reception

*Sunday, October 4th

4:30-6pm

**Date subject to change due
to Covid restrictions*

You are invited to visit the Lafayette Art Association's 34th Annual **Eye of the Beholder** Open Competition Exhibit, August 19th thru October 4th.

Don't miss this great opportunity to see the work of many of our talented regional artists all in one place. Watercolor, pen and ink, acrylic and oil paintings; photography; pottery and clay sculpture; metal work and jewelry; mosaics, collage and mixed media; encaustics and more!

For more info:

Email susan.chiquelin@lusfiber.net
(exhibit coordinator) or
info@lafayette.org

337-269-0363 • Lafayette Art Association
1008 E. St. Mary Blvd, Lafayette

Wed-Fri: Noon to 5PM and Sat: 10 to 2pm
Masks are required for entry into the gallery.

2019 Best of Show:
Bud Light • Mary Attwood

Due to Covid-19 situation, Awards Reception Date may be cancelled. Therefore, this year's Eye awards will be announced by email and posted to the LAA website after judging.

2020 Open Studio Tours UPDATE:

Because of the escalated numbers of COVID-19 infections, as well as the limited participation response for the Open Studio Tour, the organizing committee has decided to cancel the 2020 event.

BUT...

We've been able to secure exhibition space at the AcA in time for the November-December Art Walks for a show of local artists' work. Billed as *Quarantine 2020*, the show will feature works created during the time when so many festivals, fairs, etc. were cancelled, i.e. when we've basically been quarantined. There's still time to produce a piece of artwork that you'd like to include.

More info to come, but please let Andre Juneau know if you are interested in contributing to the Quarantine 2020 Show (andre@psjuneau.com).

ALSO...

We're exploring other venues where artists can show and demonstrate their art forms in an outdoor setting when conditions are appropriate. Stay tuned!

AND THANK YOU

to all of you who took the time to apply to participate in Open Studio 2020. We sincerely hope that you will consider being a part of the AcA Quarantine 2020 Show in November and in the Open Studio Tour in years to come.



LAFAYETTE
ART
ASSOCIATION



LAA Mini Workshop: Working with Oil Monotypes

with **Bonnie Camos**

Saturday, August 22nd

10am-3pm (Break for lunch)

\$55 LAA Members/\$65 Non Members

Oil monotypes are paintings that have been printed on paper. Often referred to as "the painterly print", they're the most painterly method among printmaking. Join Bonnie as she takes you step-by-step thru this artistic process using bold, loose and very expressive applications of oil paint. All materials and tools provided for your use during workshop.

Max 8 students.

For info and to register: Text Simone at 337-207-3210 or email both spalmer1@cox-internet.com and info@lafayetteart.org.

Registration/payment deadline: Aug 17th
Mail payment to: LAA • PO Box 53065
Lafayette, LA • 70505-3065

UPCOMING LAA Mini Workshop: Working with Alcohol Inks On Ceramic Tiles with Gail Trim

Saturday, Oct 10th 1-4pm \$25 LAA Members/\$35 Non Members

REGISTRATION IS OPEN FOR FALL ART CLASSES
Table Top Arts with Margo Baker at the LAA!

Now offering morning and afternoon classes, Mon-Thurs at the Lafayette Art Association

- \$250 for 10 classes
- \$125 for 4 classes
- \$35 for occasional or drop-ins
- \$25 deposit to secure your child's spot (goes toward class fee)
- Sibling discounts
- ALL supplies included

Questions? It's important to connect personally and communicate the needs of your child.

Please call or text

Margo Baker
337-519-6398





LAA Mini Workshop: Create Your own Linoprint Art Cards

with **Bonnie Camos**
Sat., Sept 12th 10am-3pm

\$55 LAA Members | \$65 Non Members

Carve your images into safety cut linoleum to create reusable artwork for cards, textiles, gift tags...the sky is the limit! All materials and tools provided for your use during workshop. *Maximum 10 students*

**Registration/payment deadline:
Sept 7th**

**For info and to register: Text Simone at
337-207-3210 or email both
spalmer1@cox-internet.com and
info@lafayetteart.org.**


LAA MINI WORKSHOP:

Creative Glass Mosaic Mirror

with **Ginger Kelly**

Sat., September 26 • 10am-5pm

\$65 LAA Members/\$75 Non Members



Create a unique 7.75" square, glass mosaic mirror during this mini workshop. All supplies included - no experience needed! Casual clothes in case we get a little messy. Break for lunch. Max 10 students.

**For more info/register: Text Simone 337-207-3210
Call 337-235-6382 or email both spalmer1@cox-internet.com
and info@lafayetteart.org**

Registration/payment deadline: 9/16/2020

Mail payment to: Lafayette Art Association • PO Box 53065
Lafayette, LA 70505-3065 • 1008 E. St. Mary Blvd, Lafayette

Competitions:

Arc Gallery & Studios- National Juried Exhibition: FRAGMENTS

Deadline: September 14, 2020

Exhibition: 11/21 thru 12/19/20.

Submit on-line at: www.arc-sf.com.

"Fragments" brings to mind broken pieces, something incomplete, a small part of something larger, or remains when something has been lost or destroyed. Categories: Sculpture, painting, drawing, photo, printmaking, ceramics, assemblage, collage, mixed media, fiber art, and glass art. Award ribbon, certificate, catalog and \$250 will be presented to the 3 works that best express the theme.

National Juried Exhibition: HOME

Deadline: March 15th, 2021

Exhibition: May 15 - June 12, 2021

Submit on-line at: www.arc-sf.com.

There is obviously a close relationship between the symbolism of house and home. Both symbolize the ultimate manifestations of private place in a world of public places. What does "Home" mean to you? Categories: Sculpture, painting, drawing, photo, printmaking, ceramics, assemblage, collage, mixed media, fiber art, glass art, artist book. Award ribbon, certificate, catalog and \$250 will be presented to the 3 works that best express the theme.

Online Tutorials:

Houston Center for Contemporary Craft:

Studio Sessions, a new virtual series of live, informal studio visits featuring an HQ resident artist joined in conversation by curatorial fellow, María-Elisa Heg. Each Session includes a demo by the featured artist, and audience members are encouraged to participate in real time during the Q&A portion of the program. Upcoming Studio Sessions: Brian Vu (August 20th) and Nicolle LaMere (September 3rd). For more info: <https://crafthouston.org/events/> There's also a **VIRTUAL CRAFT CAMP 2020** for ages 5 -12. Info: <https://crafthouston.org/learn/summer-craft-camps-2020/>.

Download a great PDF from the BAMPFA Museum for the whole family:

Rosie Lee Tompkins - A Retrospective

This guide invites you to look closely at the quilt art of Rosie Lee Tompkins, with prompts for observation and opportunities to describe what you see. Plus, we've included some related hands-on art activities! Berkeley Art Museum & Pacific Film Archive: <https://bampfa.org/rosie-lee-tompkins-media#family-guide>

Join Jerry's Live, Broad- casting From Facebook And YouTube for Fine Art Instruction, How To's, Proj- ects, Tips, Techniques, Product Demonstrations, Discover New Supplies & Great Creative Ideas

Every Tuesday of Every Month! Get up close and participate in asking questions, see things you have never seen before, product demonstrations, new products, learn about different types of surfaces, media, brushes, framing, fine art materials, techniques and so much more! Watch LIVE with friends or in art classes - as many and as often as you like - it's FREE! Enjoy, learn, share with others and of course have fun! Next up: Episode #165: The Yellow Episode - Deciphering This Important Mixing Color. Tuesday 8/18, 5:30pm est. www.jerrysartarama.com/events/

Jerry's Weekly Art At Home Challenge

Every Tuesday a new challenge is offered. Submit your artwork based on the challenge presented each week - \$600 in total eGift Card Prizes Awarded Every Week on Tuesday. Any kind of art - it just has to fit the week's challenge! Limit 5 submissions per email address. Enter each week- there's no limit of wins! <https://www.jerrysartarama.com/promotions/art-at-home-weekly-challenge?>

Online Ceramic Classes offered by the Ohr-O'Keefe Museum of Art, Biloxi:

Aug 18th Hand Building in Clay Day Virtual Class Noon-3 pm

Aug 19th Intermediate Pottery on the Wheel Virtual Class 6-9:00pm

Aug 20 Hand Building in Clay Night Virtual Class 6-9:00pm

For more info: (228) 374-5547 or <https://georgeohr.org/studio/>

Join the Kentucky Arts Council and Kentucky His- torical Society for an online workshop about the I Was Here Project

11 a.m. Thursday, Sept. 3

The project combines art and history to examine wounds of the past with the goal of creating a shared humanity for the future. The online workshop will feature a panel conversation about the work, the confluence of history and art, and its usefulness as a community tool to bring Americans together to examine and learn from the past, to build a future that is inclusive and equitable for all. Presented live and online via Zoom. Registration is free and is required. Participants will receive a link to the workshop after they register. https://zoom.us/webinar/register/WN_TBqArrcCQ_WYK1N_6rLjrA For more information, contact Emily B. Moses, executive staff advisor, Kentucky Arts Council, at emilyb.moses@ky.gov.

Artists Opportunity: Houston Music and Arts Festival

Nov 14-15, 2020; Town Green Park, The Woodlands, TX.

Deadline: October 10th

Interested in being one of our visual artists at the show? Please apply through ZAPP at

<https://www.zapplication.org/event-info.php?ID=8098> or contact us at [Outlaw Nation artists@outlawnation.com](mailto:artists@outlawnation.com)

**In Our LAA Foyer:
Photographs by Joe Pons**
Now thru October 7th.

**LAA Exhibit now on view at
Vermilionville: Donna Arkell
and Jackie Langlains**
This exhibit, titled *Two Hearts for Art*,
will be up thru October 9th.



**Exhibiting LAA members
are encouraged to exhibit
in the Boutique!**

It's not too late to submit 1-2 pieces for the current exhibit, but please contact Andrea Schellman (703-585-7027 or andreaschellman@gmail.com) to let her know that you've dropped off work. Art should reflect the gift shop nature of the Boutique and should not be priced over \$350. Also, when you do drop off work, please be sure that it has title, medium, artist's name, and price on the back or bottom and that you've completed a Boutique Inventory sheet (leave it in the Boutique notebook).

**Hilliard now open
to members!** Opens to general public: August 18th; On View: Malaika Favorite: The Alchemist thru Sept 19th; Signal/Form: Video Art by Woody and Steina Vasulka thru Oct 17th; Bridging the Mississippi: Spans Across the Father of Waters On view thru 4/3/21.

Here's an article submitted by LAA board member, Margaret Melancon from the *July 2017 issue of Harvard Women's Health Watch* (www.health.harvard.edu)

The Healing Power of Art

Creative activities can relieve stress, aid communication, and help arrest cognitive decline

The title of a recent documentary film, *I Remember Better When I Paint*, sums up the findings of a growing body of research into the cognitive effects of making art. The movie demonstrates how drawing and painting stimulated memories in people with dementia and enabled them to reconnect with the world. People with dementia aren't the only beneficiaries. Studies have shown that expressing themselves through art can help people with depression, anxiety, or cancer too. And doing so has been linked to improved memory, reasoning, and resilience in healthy older people.

The beneficial effects of creating aren't dependent on a person's skill or talents. "It's the process, not the product" says Megan Carleton, an art therapist at Harvard-affiliated Massachusetts General Hospital (MGH).

Why art is good medicine

Decades of research have demonstrated that in people with dementia and other progressive neurological diseases, the ability to create art remains long after speech and language have diminished. Research has also shown that creating visual art can reduce stress and promote relaxation in people who are hospitalized or home bound due to illness.

Carleton, who like many art therapists, is also a licensed mental health counselor, makes a variety of media - from acrylic paints to iPads - available to people who are undergoing cancer therapy at MGH. She has also worked with veterans and people with Alzheimer's disease in other environments. "Once people engage, they often realize they are having fun and the time passes faster," she says.

She says art also has an important role in helping people through particularly difficult times, including facing the end of life. "Working with a trained art therapist can give them a way to express themselves in a safe environment to help them get to the next stage more at peace".

She has seen people string necklaces to give to friends and relative, make books and videos to memorialize their experiences, and even build boxes to contain their expressions of anger and frustration.


Why art is good prevention

Recent research suggests that to stave off cognitive decline, doing creative activities may be more effective than merely appreciating creative works. A 2017 report from the Mayo Clinic Study of Aging indicated that people over 70 who did crafts projects had a lower risk of developing mild cognitive impairment than did those who read books. In a 2014 German study, retirees who painted and sculpted had greater improvements in spatial reasoning and emotional resilience than did a similar group who attended art appreciation classes.

What you can do


If you have a loved one who is confined to a medical facility, check to see if art therapy is available. If it isn't, you may be able to find an art therapist on the website of the Art Therapy Credentials Board, www.atcb.org.

***Don't hesitate to explore your own creativity.
Take an art class or experiment on your own.***



"He thought of very little besides clay, and shaping, and glazing, and firing. It was a good thing for me to learn a craft with a true maker. It may have been the best thing I have done. Nothing we do is better than the works of handmind. When mind uses itself without the hands it runs the circle and may go too fast; even speech using the voice only may go too fast. The hand that shapes the mind into clay or written word slows thought to the gait of things and lets it be subject to accident and time."

Ursula K. Le Guin,
Always Coming Home



SOME PEOPLE
LOOK FOR A
BEAUTIFUL PLACE.
OTHERS MAKE
A PLACE
BEAUTIFUL.



ART IS THE
JOURNEY OF
A FREE SOUL.

— ALEY OGUZ